

THE POET AND I

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Record: The Poet And I, Polydor PD14517, Frank Mills (Flip: Music Box Dancer)
Golden Oldies Records, 201 N.E. 45th Street, Seattle, WA 98105,
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Footwork: Opposite, except as noted (W ftwk in italics)
Rhythm: Waltz, Phase: II+1 (Unphased 'Waltz Lariat') Time: 3:47 Speed: 44 rpm
Sequence: INTRO – ABC – INT – ABC – INT - A – ENDING

INTRODUCTION

1---4 **WAIT; WAIT; DIP CENTER; RECOV, TCH;**
1-4 In CP/Wall, wait 2 meas;; Back on L, draw R to L, hold; fwd R, tch L, hold;
5---8 **LEFT TURNING BOX;;; (BFLY)**
5-8 Fwd L trng ¼ LF, sd R, cl L; bk R trng ¼ LF, sd L, cl R;
Fwd L trng ¼ LF, sd R, cl L; bk R trng ¼ LF, sd L, cl R; (BFLY)

PART A

1---4 **WALTZ AWAY; CROSS WRAP TO REV; BK WALTZ; LADY ROLL ACROSS;**
1-4 Waltz fwd to OP turning slightly away from ptr L, R, L; M walks to R around W
R, L, R (W wraps LF) ending in Wrap pos fcg RLOD and both hands joined; in
Wrap pos waltz bkwd L, R, L; Bk R, cl L, R in place (W rolls across L, R, L) to
LOP fcg RLOD;
5---8 **THRU TWINKLE; MANEUV; TWO RIGHT TURNS (BFLY);;**
5-8 Step thru to RLOD on L turning to fc ptr, sd R trng LF, cl L ending OP fcg LOD;
thru R trng RF to CP fcg RLOD, sd L, cl R; bk L trng ¼ RF, sd R twd LOD contg
turn, cl L; fwd R trng ¼ RF, sd L trng to fc wall, cl R end BFLY;
9—12 **WALTZ AWAY; CROSS WRAP TO REV; BK WALTZ; LADY ROLL ACROSS;**
9-12 Waltz fwd to OP turning slightly away from ptr L, R, L; M walks to R around W
R, L, R (W wraps LF) ending in Wrap pos fcg RLOD and both hands joined; In
Wrap pos waltz bkwd L, R, L; bk R, cl L, R in place (W rolls across L, R, L) to
LOP fcg RLOD;
13-16 **THRU TWINKLE; MANEUV; TWO RIGHT TURNS (BFLY);;**
13-16 Step thru to RLOD on L, sd R trng LF, cl L to R ending OP fcg LOD; step thru
R, manev to CP fcg RLOD, bl L trng ¼ RF, sd R twd LOD contg turn, cl L; fwd
R trng ¼ RF, sd L trng to fc wall, cl R end BFLY;

PART B:

1---4 **WALTZ AWAY & TOGETHER;; STEP SWING; SPIN MANEUVER;**
1-4 Waltz fwd to OP turning slightly away from ptr L, R, L; fwd R turning to fc ptr
and wall, sd L, cl R; fwd L, swing R towards LOD keeping foot low to floor;
initiate W's LF spin then release hand hold fwd R trng to fc RLOD, sd L, cl R
(W spins LF in place L, R, L ending in CP LOD);
5---8 **TWO RIGHT TURNS (WALL); BOX;; (BFLY)**
5-8 Bk L trng ¼ RF, sd R twd LOD contg turn, cl L; fwd R trng ¼ RF, sd L trng to fc
wall, cl R end BFLY;

Continued on back...

PART B (CONTINUED)

- 9---12 **WALTZ AWAY & TOGETHER;; TWIRL VINE; THRU, FACE, CLOSE;**
9-12 Waltz fwd to OP turning slightly away from ptr L, R, L; fwd R turning to fc ptr and wall, sd L, cl R; sd L, XRIB of L, sd L ending in BFLY; (Sd and fwd R trng ½ RF, sd and bk L trng ½ RF, sd R ending in BFLY;) XRIF of L to fc ptr, sd L, cl R to L ending in CP/WALL;
- 13-16 **LEFT TURNING BOX;;;;**
13-16 Fwd L trng ¼ LF, sd R, cl L; bk R trng ¼ LF, sd L, cl R;
Fwd L trng ¼ LF, sd R, cl L; bk R trng ¼ LF, sd L, cl R; (BFLY)

PART C:

- 1---4 **BAL LEFT AND RIGHT;; TWIRL VINE; THRU, FACE, CLOSE;**
1-4 Sd L, XRIB of L, in place; sd R, XLIB of R, in place; sd L, XRIB of L, sd L ending in BFLY; (Sd and fwd R trng ½ RF, sd and bk L trng ½ RF, sd R ending in BFLY;) XRIF of L to fc ptr, sd L, cl R to L ending in BFLY;
- 5---8 **BAL LEFT AND RIGHT;; SOLO TURNS (WALL);;**
5-8 Sd L, XRIB of L, in place; sd R, XLIB of R, in place; fwd L turning away from ptr, sd R cont turn, cl L to complete ½ turn; bk R cont turn, sd L, cl R to end fc ptr and wall;
- 9-12 **WALTZ AWAY; CHANGE SIDES; BKWARD WALTZ; CHANGE SIDES;**
9-12 Waltz fwd to OP turning slightly away from ptr L, R, L; chg sides R, L, R to RLOD trng W LF under joined hands (like Calif. Twirl); back waltz LOD L, R, L; Chg sides R, L, R to LOD trng W LF under joined hands;
- 13-16 **FWD WALTZ; PICKUP; TWO LEFT TURNS (WALL);;**
13-16 Fwd L LOD, fwd R, cl L; fwd R (W fwd L trng ½ LF in frt of M) to CP LOD, sd L, cl R; fwd L trng ¼ LF, step sd R diag across LOD cont turn ¼ LF, cl L; bk on R trng ¼ LF, sd L toward LOP trng to fc wall, cl R blending to BFLY;

INTERLUDE:

- 1---4 **SLOW LEFT TURNING BOX;;; (BFLY);;**
1---4 Fwd L trng ¼ LF, sd R, cl L; bk R trng ¼ LF, sd L, cl R;
Fwd L trng ¼ LF, sd R, cl L; bk R trng ¼ LF, sd L, cl R; (BFLY)

ENDING: (Music slows down)

- 1---4 **BAL LEFT AND RIGHT;; TWIRL VINE; THRU, FACE, CLOSE;**
1-4 Sd L, XRIB of L, in place; sd R, XLIB of R, in place; sd L, XRIB of L, sd L ending in BFLY; (Sd and fwd R trng ½ RF, sd and bk L trng ½ RF, sd R ending in BFLY;) XRIF of L to fc ptr, sd L, cl R ending in CP;
- 5---7 **BOX;; SLOW DIP, TWIST, HOLD;**
5-7 Fwd L, sd R, cl L to R; bk R, sd L, cl R to L; slow bk L, slow twist slightly LF, hold position till music fades;



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