

MOUNTAIN OF LOVE IV

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RECORD: Reprise 7-19025-A "Mountain of Love" Molly & the Heymakers

FOOTWORK: Opposite

RHYTHM: JIVE – SOFT PHASE IV (Lindy Catch-American Spin-Pretzel Turn)

SEQUENCE: INTRO ABC ABC A ENDING

INTRO

1-5 LOP M fcg WALL wait 1 note + 1 meas M's R & W's L ft free;

BK & HOLD; BK & HOLD; BK 6 Q'S & RT CHASSE;-;

1 Ld hnds jnd M fcg WALL wait 1 note and 1 meas M's R & W's L ft free;

2-5 Bk R,-,-,-; Bk L,-,-,-; Bk R,L,R,L, R,L, rt chasse R/L,R twd RLOD;-;

PART A

1-3 CHANGE R to L ~ CHG HNDS BEH BACK fc RLOD;-;-;

1-3 [Chg R/L] Rk bk L SCP, rec R, sd chasse L/R, L trn ¼ LF lead W to trn RF under jnd ld hnds; sd & fwd R/L,R to end fcg LOD & ptr, [Chg hnds beh bk] rk apt L, rec R; chasse fwd L/R,L trng ¼ LF chg W's W hnd to M's R hnd beh M's bk (W fwd R/LR trng ¼ RF), chasse sd & bk R/L,R cont Trng ¼ LF chg W's R hnd to M's L (W sd L/R, sd & bk L trng 1/4 RF) to fac RLOD;

4-8 LINDY CATCH;-; CHG L to R fac COH ~ AMERICAN SPIN;-;-;

4-5 [Lindy Catch] Rk apt L, rec R, fwd L/R,L moving RF around W catch her at waist w/R hnd M in back of W w/R hnd arnd her waist (W rk apt R, rec L, fwd R/L,R); Fwd R, L cont arnd W to fc ptr, fwd R/L, R to LOFP (W bk L,R still fcg LOD, bk L/R, L to LOFP) stay fcg RLOD;

6-8 [Chg L to R] Rk apt L, rec R, chasse L/R, L trng ¼ RF to fc ptr & COH; Sd chasse R/L,R, [Amer Spin] Rk apt L, rec R; chasse almost in place L/R,L leading W fwd bracing arm & lead W to spin RF 1 full turn releasing hands chasse in place R/L,R rejoin ld hnds;

9-12 CHANGE L to R FAC LOD ~ LINK RK TRNG to FC WALL;-;-; RK BK SCP, REC, KICK/BALL CHG;

9-11 [Chg L/R] Rk apt L, rec R, chasse L/R,L to fac ptr/LOD (W fwd chasse R/L,R trng ¾ Lf under ld hnds); sd chasse R/L,R, [Link Rk] rk apt L, rec R; chasse L/R,L to fc WALL, chasse R/L,R;

12 Rk bk L to SCP, rec R, kick L ft fwd/ cl L on ball of ft, cl R;

PART B

1-4 JIVE CHASSE L & R; FALLAWAY THROWAWAY ~ AMERICAN SPIN;-;-;

1 [Jive chasses] chasse side L/R, L, chasse side R/L,R;

2-4 [Fallaway Throwaway] Rk bk L in SCP, rec R, chasse sd & fwd L/R,L (W fwd R/L,R trng ½ LF in front of M); chasse sd & slightly fwd R/L,R (W sd & slightly bk L/R,L) to LOP LOD;

[Amer Spin] Rk apt L, rec R; chasse almost in place L/R,L leading W fwd bracing arm & lead W to spin RF 1 full turn releasing hands chasse in place R/L,R rejoin ld hnds;

5-7 CHANGE L to R WALL ~ CHG HNDS BEH BACK FC COH;-;-;

5-7 [Chg L/R] Rk apt L, rec R, chasse L/R,L to fac ptr/wall (W fwd chasse R/L,R trng ¾ Lf under ld hnds); sd chasse R/L,R, rk apt L, rec R; chasse fwd L/R,L trng ¼ LF chg W's W hnd to M's R hnd beh M's bk (W fwd R/LR trng ¼ RF), chasse sd & bk R/L,R cont trng ¼ LF chg W's R hnd trng ¼ LF chg W's R hnd to M's L (W sd L/R, sd & bk L trng 1/4 RF) to fac COH;

8-12 LINK RK FC WALL ~ RT TURNING FALLAWAY TWICE ~ RK, REC;-;-;-;

8-12 [Link Rk] Rk apt L, rec R, sd chasse trng RF L/R,L; cont RF trn chasse R/L,R to fac WALL, [Rt Trng Fallaway 2x's] rk bk L trng to SCP, rec R; trng 1/4 RF sd chasse L/R,L cont trng ¼ RF sd chasse R/L,R; repeat R trng fallaway to end SCP facing LOD [Rk, rec] rk bk L, rec R; ;

PART C

1-3 (NO RK) PRETZEL TURN; DBL RK; UNDO PRETZEL TO SCP;

1 [Pretzel trn] Chasse sd & fwd L/R,L trng ½ RF keeping M's L & W's R hnds jnd, chasse sd & fwd R/L,R trng ¼ RF to end sd by sd w/M'L & W's R hnds jnd beh bk;

2 [Dbl Rk] rk fwd L, rec R, rk fwd L, rec R;

3 [Undo Pretzel] chasse side & fwd L/R, L trng ½ LF, chasse R/L,R trng ¼ LF to SCP LOD;

4-8 RK TO PRETZEL TURN ~ DBL RK ~ UNDO PRETZEL TO FC~ LINK RK to SCP;-;-;-;

4-8 [Pretzel turn] Rk bk L, rec R, chasse sd & fwd L/R,L trng ½ RF keeping M's L & W's R hnds jnd; chasse sd & fwd R/L,R trng ¼ RF to end sd by sd w/M'L & W's R hnds jnd beh bk, [Dbl Rk] rk fwd L, rec R; Rk fwd L, rec R, [undo the pretzel] chasse sd & fwd L/R,L trng ½ LF; chasse R/L,R trng to fac ptr & WALL [Link Rk] rk apt L, rec R; fwd chasse L/R,L, sd chasse R/L,R blend SCP LOD;

**REPEAT A
REPEAT B
REPEAT C
REPEAT A**

ENDING

1-3 2 FWD TRIPLES; SWVL WALK 4; 2 PT STEPS;

1-3 Fwd L/R,L, fwd R/L,R; Fwd L,R,L,R with swvl action; Pt L fwd LOD, step on L, pt R fwd LOD, step on R;

4-6 (NO ROCK) PRETZEL TURN; 1 RK & UNDO THE PRETZEL TO FC & RK APT;-;

4-6 REPEAT ACTION OF MEAS 1-3 PART C;-;-; Rk apt on last note put trailing arms straight up